



The Daybreak Ray of Light

1st Quarter, 2008

Volume 5, Issue 1

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Welcome...to another issue of the Daybreak Ray of Light, the official newsletter of The Daybreak Crisis Recovery Center, Inc. As a member of the Alabama Coalition Against Rape, Daybreak provides support services to victims and survivors of sexual violence in Calhoun, Cherokee, Cleburne, Etowah, Dekalb, Randolph and Talladega counties. Daybreak is a non-profit organization that offers a 24-hour crisis hotline, a 24-hour Sexual Assault Response Team (SART), individual and group counseling, community resources referrals, court advocacy and community awareness and education concerning issues of sexual assault. Daybreak is also able to provide Special Investigative services by a Sheriff's Deputy in Calhoun and Cleburne Counties. All services are free to sexual assault victims and their loved ones. The purpose of this newsletter is to provide information, resources and education regarding sexual assault to the communities we serve.

Please take a few minutes to read this latest issue and consider what you can do to help prevent sexual violence in your area.

The Facts:

- ✍ Rape is the most underreported crime in America.
- ✍ Rape is a violent and brutal
- ✍ The Alabama Coalition Against Rape indicates that 1 in 6 females and 1 in 33 males will be sexually assaulted in their lifetime.

What Can You do?

- ✍ Learn more about sexual assault by inviting someone from Daybreak to speak to you school, church, social or business group.
- ✍ Volunteer your time and skills.
- ✍ If you know someone who has been sexually assaulted, urge him/her to seek help.
- ✍ Write to your legislators and encourage laws designed to protect the public from sexual predators.



Daybreak is a proud member of
The Alabama Coalition Against Rape

STOPPING RAPE: WHAT MEN CAN DO

All men can play a vital role in rape prevention. Here are a few of the ways:

Be aware of language. Words are very powerful, especially when spoken by people with power over others. We live in a society in which words are often used to put women down, where calling a girl or woman a “bitch,” “freak,” “whore,” “baby,” or “dog” is common. Such language sends a message that females are less than fully human. When we see women as inferior, it becomes easier to treat them with less respect, disregard their rights, and ignore their well-being.

Communicate. Sexual violence often goes hand in hand with poor communication. Our discomfort with talking honestly and openly about sex dramatically raises the risk of rape. By learning effective sexual communication -- stating your desires clearly, listening to your partner, and asking when the situation is unclear -- men make sex safer for themselves and others.

Speak up. You will probably never see a rape in progress, but you will see and hear attitudes and behaviors that degrade women and promote rape. When your best friend tells a joke about rape, say you don't find it funny. When you read an article that blames a rape survivor for being assaulted, write a letter to the editor. When laws are proposed that limit women's rights, let politicians know that you won't support them. Do anything but remain silent.

Support survivors of rape. Rape will not be taken seriously until everyone knows how common it is. In the U.S. alone, more than one million women and girls are raped each year (Rape in America, 1992). By learning to sensitively support survivors in their lives, men can help both women and other men feel safer to speak out about being raped and let the world know how serious a problem rape is.

http://www.mencanstoprape.org/usr_doc/What_Men_Can_Do.pdf

A Special Thanks

The Staff of Daybreak would like to thank everyone who has donated their time, money, and goodwill to our agency.

Without your support we would not be where we are today.

The Staff would like to especially recognize:

- ? *The Anniston City Meeting Center*
- ? *Great American Cookies*
- ? *Food Outlet*
- ? *Honey Bake & Ham Co. & Café*
- ? *Upper Cuts*
- ? *Beauty Within*
- ? *Midtown Outlet*
- ? *Bonnie Ray's Bake Shop*
- ? *Betty's BBQ*
- ? *Quality Cuts Hair Salon*
- ? *A Stitch In Time*
- ? *Mount Cheaha Harley Davidson*
- ? *Jacksonville State University*
- ? *Prince of Peace United Anglican Church of Anniston*
- ? *The Swagg Homemakers Club*
- ? *Jacksonville Women's Club*
- ? *American Business Women*
- ? *Westinghouse Anniston*
- ? *Women's Issues Support and Empowerment (WISE)*
- ? *Pleasant Valley High School*
- ? *Jacksonville State University's African American Association*
- ? *Men Opposed to Rape Everywhere (MORE)*
- ? *Lawrence Golden*
- ? *Calhoun County Junior League*

The White Ribbon Campaign: *Together we can be the change!*



Sexual Assault has reached epidemic proportions. In the United States, a sexual assault occurs every 2½ minutes. One in six women and one in thirty-three men will become victims of this terrible crime in their lifetime. According to the Alabama Attorney General's office, "Alabama reports 1,530 rapes each year on average. This does not include other sexual assaults such as sodomy, sexual abuse, sexual misconduct, and other related crimes under Alabama law."

Unfortunately, this shocking situation will not change until our community does something about it.

The Daybreak Crisis Recovery Center is requesting that community leaders, civic groups, religious leaders, professionals, parents, join The Daybreak Crisis Recovery Center's White Ribbon Campaign during 2008. ACAR's White Ribbon Campaign is a statewide effort of men and women who are willing to pledge to never to commit, condone, or remain silent about sexual violence in our communities.

During 2008 Daybreak is asking that community members in our seven county coverage area to wear white ribbons on their lapels to show their support for ending sexual violence. Daybreak is also asking that these leaders be willing to speak out against sexual violence in our community where ever possible and encourage respect of others, listening, and the importance of bystander responsibility.

Together we can end sexual violence and heal our community. Together we can see change.

If you would like more information or would like to schedule a presentation about Daybreak, The Alabama Coalition Against Rape, or ACAR's White Ribbon Campaign, please contact the Daybreak office at 256-237-6300, or by email at tracedaybreak@bellsouth.net.

New Support Groups for 2008

***The Calhoun County
Healing After Sexual
Assault (HASA)
Support Group***

Starting Jan. 8 will meet every other Tuesday from 5:30-6:30 p.m. at the Daybreak office.

***The Cleburne County
Healing After Sexual
Assault (HASA)
Support Group***

Starting Jan. 17, will meet every third Thursday at the Cleburne County Mental Health office at 11:00 a.m..

***The Friends and
Family Support
Group***

Starting Jan. 21, this meeting will meet every third Monday from 5:30-6:30 pm at the Daybreak office.

***Teens Healing After
Sexual Assault
(THASA) Support
Group***

Starting Jan. 17, will meet the first and third Thursday of the month from 5:00-6:00 p.m. at the Daybreak office. Please call to register.

**Daybreak recognizes the following people who have joined
Daybreak's White Ribbon Campaign. These men and women have pledged their support
for ending Sexual Violence in our community.**

Together we can be the change!

- | | | | |
|--|------------------------------------|---|---|
| 1. Clay Smith | 43. Maranda T. | 88. Stephen G. | 130. Elizabeth Benchfield |
| 2. Ella Smith | 44. Layla C. | 89. Michael R. | 131. Christina D. |
| 3. Garrett Smith | 45. Tasha G. | 90. Payton I. | 132. Michael S. |
| 4. Mary Smith | 46. Kiona C. | 91. Will H. | 133. David J. |
| 5. Mrs. EE Pigford | 47. Cande H. | 92. Amy H. | 134. V. May |
| 6. Robin Gladd | 48. Brett S. | 93. Ashley H. | 135. Darius Walker |
| 7. Dave Gladd | <i>Pleasant Valley High School</i> | | 136. Amber Herndon |
| 8. David Gladd | <i>Mrs. Shaddix's Class</i> | | 137. Freddicka E. |
| 9. Leigha Gladd | 49. Courtney W. | 96. Jessica B. | 138. D. Brown |
| 10. Lawrence Golden | 50. Alyssa W. | 97. Jordan C. | 139. Adam Green |
| 11. Priscilla Golden | 51. Sara D. | 98. Dane S. | 140. Kenna Doaty |
| 12. Sarah Lynn Golden | 52. Krystal S. | 99. Dexter V. | 141. G.H. |
| 13. Larry Golden | 53. Steven V. | 100. C.A.E. | 142. Jerry Scott Marzette |
| 14. Sarah H. | 54. Julie C. | 101. Ashley E. | 143. Mar'Shaela Brownlee |
| 15. Rodney H. | 55. Erin F. | 102. Kim E. | 144. Corey Hawkins |
| 16. Rose H. | 56. Rachel C. | 103. Victoria M. | 145. Joshua Scott |
| 17. Karyn Fancher | 57. Angel R. | 104. Danielle T. | 146. Natalie Hinton |
| 18. Rev. M. McClellan | 58. Cole A. | 105. Brittany F. | 147. S.S. |
| 19. Rev. R. McClellan | 59. Brody B. | 106. Kylie H. | 148. C.F. |
| 20. Ian McClellan | 60. Zack B. | 107. Caleb C. | 149. M.D. |
| 21. Sydney McClellan | 61. Jordan L. | 108. Erin F. | 150. Whitney J. |
| 22. Rev. R. Littlejohn | 62. Carrie J. | 109. Madison T. | 151. A.B. |
| <i>Prince of Peace United Anglican Church</i> | | 110. Eddie R. | 152. Amaad Dowdell |
| <i>Pleasant Valley High School's Club SADD</i> | | 111. Destiny P. | 153. Darryl C. Hamilton |
| 23. Cindy B. | 63. Nelson G. | 112. Jonathan O. | 154. Melissa Lee |
| 24. Brett L. | 64. Joe H. | 113. Isaac N. | 155. J. Taller |
| 25. Rayne P. | 65. Matt H. | 114. Ethan L. | 156. Steven E. Bray |
| 26. Patrick M. | 66. Brittany S. | 115. Todd K. | 157. Sade McClaney |
| 27. Dalton T. | 67. Megan S. | 116. Hunter G. | 158. Stephen Sweatt |
| 28. Ciera H. | 68. Luke P. | 117. Austin L. | |
| 29. Jennifer G. | 69. Matthew B. | 118. Stephen G. | |
| 30. Rachel C. | 70. Savannah C. | | <i>The Anniston Ghost Hunting Grannies Club</i> |
| 31. Katie G. | 71. Kelly E. | | 159. Toni McPherson |
| 32. Morgan B. | 72. Cody W. | <i>The Anniston Morning Rotary Club</i> | 160. Dot Harrison |
| 33. Megan M. | 73. Josh W. | | |
| 34. Destiney S. | 74. Linda G. | <i>JSU's African American Association</i> | |
| 35. Amber C. | 75. Andrew B. | 119. Patrina Davis | If your family or community group would like to join The Daybreak White Ribbon Campaign please contact Trace Fleming-Smith at 256-237-6300 or at |
| 36. Emily J. | 76. Tonja c. | 120. Donnell Cole | tracedaybreak@bellsouth.net |
| 37. Ashley B. | 77. Jennifer W. | 121. Timothy Gibbs | |
| 38. Taylor P. | 78. Cody F. | 122. Fred W. | |
| 39. Majesta W. | 79. Dylan B. | 123. Setter S. | |
| 40. Ashley M. | 80. Garrett S. | 124. Nick McConnell | |
| 41. Jerri J. | 81. Hunter B. | 125. G.G. | |
| 42. Morgan R. | 82. Jacob E. | 126. O. Witherspoon | |
| | 83. Dalton T. | 127. Raushaun Tucker | |
| | 84. Garrett P. | 128. A.A. Smith | |
| | 85. Drew W. | 129. C.G. | |
| | 86. Alexis T. | | |
| | 87. Mikayla R. | | |

The Daybreak Crisis Recovery Center, Inc announces

“Pathways to Recovery”

a new treatment option for
sexually reactive children...

Treatment modality:

- ? 27 weeks of Individual therapy sessions designed specifically for children who have been sexually abused and are now acting out in sexual ways towards other children.
- ? Biweekly group therapy sessions designed specifically for sexually reactive children
- ? Clients must be 16 years of age or younger

PLEASE CALL 237-6300
for more information or to register a child.

***This program is not grant funded. Session fees must be paid by custodial parents/guardians or intervening agencies.*

Be sure to see us online at
www.daybreakcenter.com
for up to date information on
Daybreak’s upcoming events,
services, and more!



The Daybreak Crisis Recovery Center
1931 Leighton Avenue
Anniston, AL 36207
www.daybreakcenter.com

U.S. Postal
Service
Bulk Mail
Permit #3



Be sure to join us on April 2, 2008 at Jacksonville State University's Theron Montgomery Building lawn for a day of remembrance, healing, and respect.

**Full-time
STAFF**

**Kirsten
Stephenson**
Executive Director/
Counselor

Trace Fleming-Smith
Community Programs
Manager

**Steve
Robertson**
Special Investigator

Rhonda Hardegree
Counselor